



## *“Just my cup of tea”*

Porcelain teacup with lid on a brass stand. The cup has a pedestal base and everted rim and is glazed white with red and green decoration: a band of swastika around the rim. Around the walls are four red flowers with green leaves, with between each an inscription in blue. Tibet, 20th Century, from the Horniman Collection.



"Just my cup of tea"- an expression meaning 'exactly to one's taste'. There are myriad ways to take tea, shaped by individual preferences, culture and heritage.

**How do your tea preferences reflect your sense of identity?**

My tea preferences are not regional/local. I do not drink strong teas & have a taste for milder / alternate teas (herbal/decaf).

Perhaps this says something about class & privilege!

- milk tea.  
- prepared with tea, water & milk boiled together.



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**How do your tea preferences reflect your sense of identity?**

I have no personal tea references ~~but if I~~  
~~Speak of another sense~~  
~~type of preference I'd~~  
~~say that a preferred~~  
~~type of tea~~



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**How do your tea preferences reflect your sense of identity?**

I can't answer this as  
a non-tea drinking american,  
I assure it has to do w/  
class however.



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I like to collect my own herbs for tea as much as I can.

I feel it connects me a lot to nature and it's healing properties. I think it also strongly reflects my cultural heritage and our traditions.



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**How do your tea preferences reflect your sense of identity?**

My family drink about a dozen cups of tea a day. They find it confusing that I don't really like it. Sometimes I say yes to a cup just to stop them offering!